MURATBEY PLUS

Kaymaklı

Unique Creamy Flavor which includes

Rich Vitamin D, Prebiotics and Whey Protein



SCAN FOR RECIPES



VITAMIN D FOR A STRONG IMMUNE SYSTEM

D VITAMIN

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MURATBEY PLUS

Fortified with Vitamin D and containing Prebiotics, Healthy Taste

Why Muratbey Plus Kaymaklı ?

- It is a very zestful and enjoyable cheese with its creamy taste and soft structure
- With its prebiotic content, it is an indispensable flavor for athletes, the elderly and those who want to feed healthy, supporting their immune and digestive systems.
- Contains Whey Protein.
- Muratbey Plus Kaymaklı is gluten-free, ever-so-slightly salty and natural cheese with no trans fats, additives, colorants or artificial aromas on your table as part of your meals.
- Both enjoy the taste and keep the risk of vitamin D deficiency at bay. It helps to form a defense shield against Covid-19 by supporting immunity with the vitamin D it contains.

Why vitamin D is so important ?



- The main source of vitamin D is sunlight. It is found in very little amounts in foods.
- It plays a vital role in general health values, immunity, bone development and bone strength.
- From obesity to type 1 diabetes, from multiple sclerosis to certain types of cancer, helps to protect from all diseases associated with the immune system.
- Stimulates insulin production. It controls the heart attack risk. It plays an important role in the development and protection of teeth and bones.
- Allows calcium to settle in bones. In order to fully benefit from calcium, which can be easily taken into the body by consuming dairy products such as milk, yogurt and cheese, it is necessary to take enough vitamin D. Because calcium can settle in the bones only when there is enough vitamin D in the body. Calcium, which is taken in large amounts and cannot settle in the bone, can cause kidney stone formation.

What is whey protein?



- Whey proteins, which are prepared and used directly from cheese and milk and have high nutritional value, are an important structure with intense components for muscle building. This protein, which makes an important contribution to exercise studies, is highly preferred around the world.

- Whey protein, which stands out as a separate product from milk; It is produced from whey and is mostly used as a food supplement in powder form.

Especially;
- Those who enjoy doing sports
- Those interested in body building
- Strength trainees
- Athletes and runners (Professional sportsmen)
- Vegetarians (Lakto)
- Very important for people who are on a weight loss diet.

Why we need prebiotics ?



- Beneficial living organisms are called as probiotics. Prebiotics, on the other hand, are a food source for beneficial living organisms in intestines
- Probiotics and prebiotics are our body's natural protection against diseases, they help our digestive system to work healthy.
- Probiotics feed and thrive with prebiotics. In this way, both the intestinal flora and the immune system are protected. The most important task of prebiotics is to regulate the digestive system.
- Prebiotics regulate the digestive system and ensure the regular functioning of the intestines. The regular functioning of the intestines is effective on both body health and mental health. Harmful bacteria in the intestinal flora are reduced by prebiotics and probiotics.
- Prebiotics also regulate blood sugar level. The regulation of blood sugar makes the person feel more vigor.

Product Info

Full Fat Fresh Spreadable Cheese Fortified With Vitamin D

Ingredients: Pasteurized fresh cow's milk, milk cream, stabilizer (calcium chloride), microbial rennet, salt, culture, vitamin D, prebiotic (inulin-chicory).

Shelf Life: 6 months

Net Weight: 7.1oz (200 g ℮)

Barcode: 869 5543 00765 8

Storage Instructions: Keep refrigerated at +2 - +7C.

TURQUALITY TR 64-0025 HELAL 5 PP

Box Info

Pieces in Box: 7.1oz (200g) x12

Quality Certificates: Muratbey is an BRC, ISO 9001, ISO 22000 certified company.

Produced By : Muratbey Gıda San. ve Tic. A.Ş. OSB 102. Cad. No:60, TR-64000 Uşak/TURKEY T: +90 212 640 75 97

Box Barcode: 8 695543 994675

PROTECT FROM HEAT · KEEP DRY · DO NOT STACK · AVOID ODOR · TIME

Nutrition Facts

About 7 servings per container

Serving size	1 oz (28g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol 14mg	5%
Sodium 100mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes 0g Added Sugars	0%
Protein 3g	6%
Vitamin D 1.4mcg	7%
Calcium 198mg	15%
Phosphorus 184mg	15%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



- According to the U.S. Food and Drug Administration (FDA) criteria, Muratbey Kaymaklı Plus is an excellent source of Vitamin D.
- According to FDA, only 3.55 oz (100 gr) of it meets 25 % of your daily vitamin D requirement.
- 3.55 oz (100 gr) grams of Kaymaklı Plus meets 54% of your daily calcium & phosphorus needs.

THE MEDITERRANEAN GOURMET CHEESE COMPANY
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